

find your *ikigai*

GROW

ENVISION

LOVE

DREAM

LIVE

INSPIRE

REFLECT

TRUST

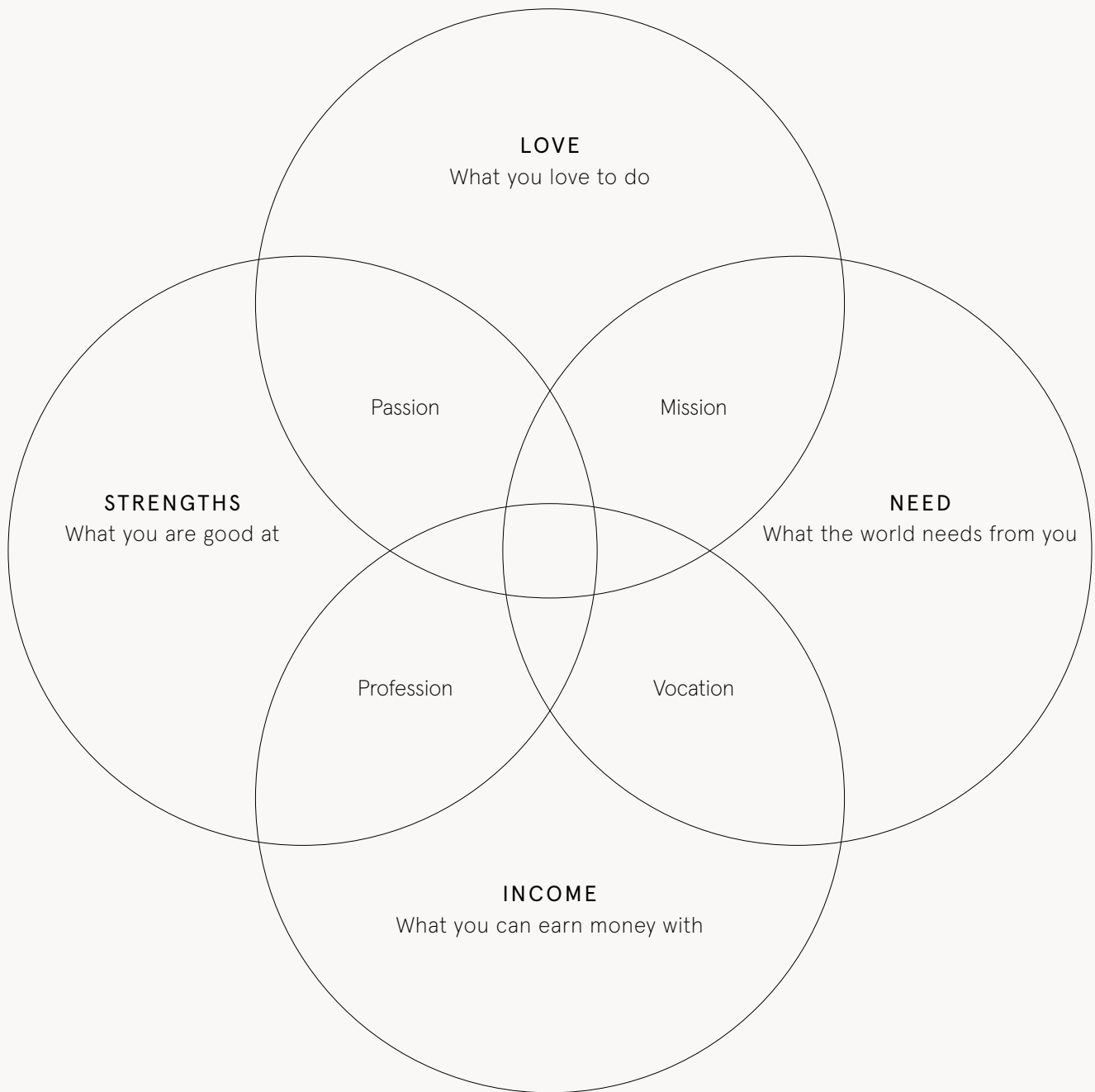
SURRENDER

CONNECT

LISTEN



Your Ikigai to find *purpose and fulfilment*



Your Ikigai *to journal about*

PASSION

What you love to do

What do you love to do? Which activities make you forget about time? When are you really in the flow? What did you like to do as a child? What could you do all day long? What could you talk about for hours?

MISSION

What the world needs from you

What are your values? What corresponds 100% to your values? What do you want to bring into the world? What should many more people know? What problems do you want to solve? What do you want to change in the world? Who and why would you miss most if you were away for a while?

PROFESSION

What you can earn money with

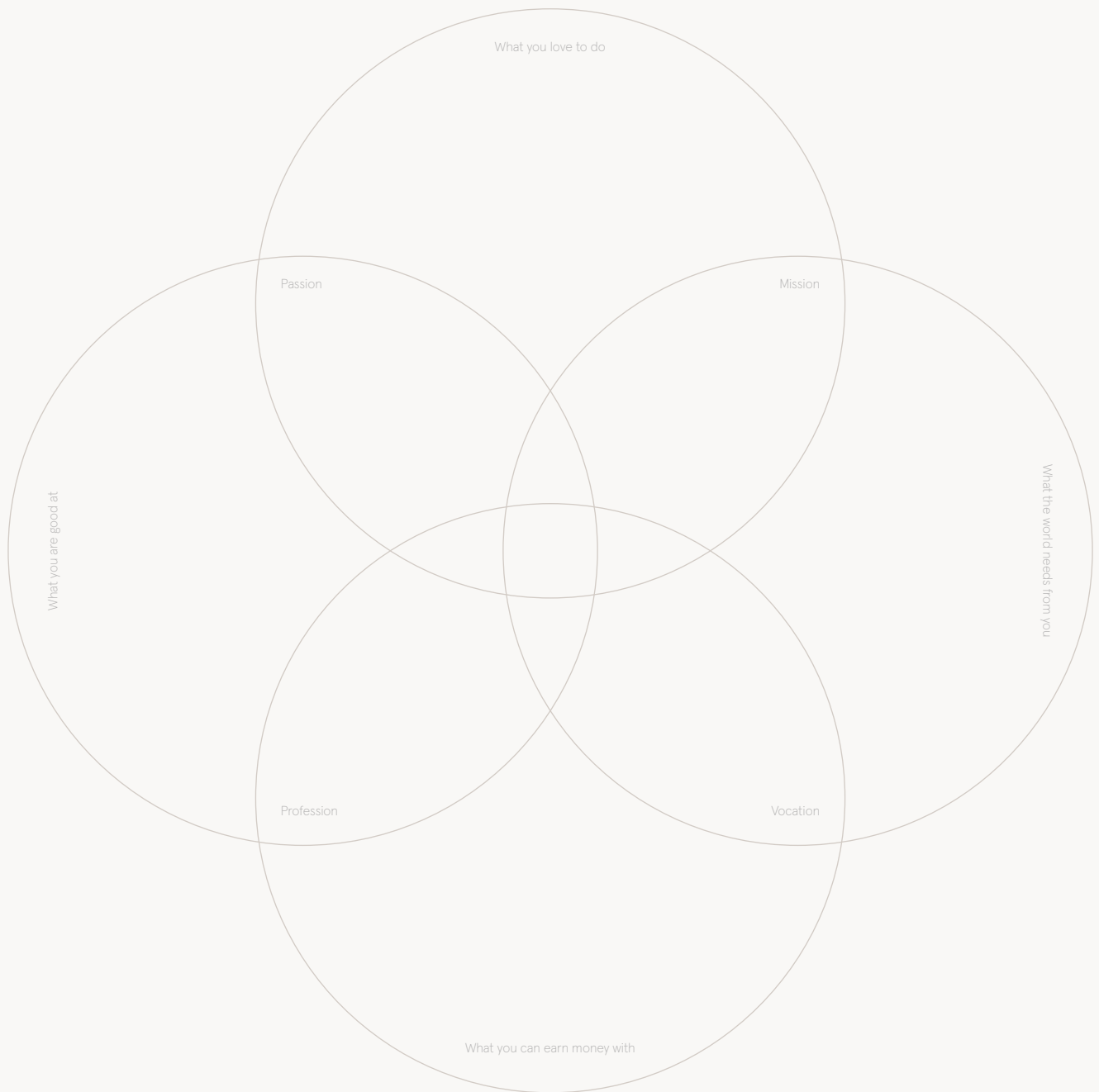
What do you get paid for? Could you also earn money with your hobbies or other things you enjoy? What skill can you use to earn money?

VOCATION

What you are good at

What unique talents do you have? What makes you different from others? What can you do better than others? What have you learned? Have you been trained in a particular field? What is your profession? In which field are you an expert? What qualities do others admire in you?

Your Ikigai *to journal about*





Your Ikigai *to journal about*

Your Ikigai